

## **PROFILE**

### **Department of Psychology**

**Government Degree College for Women Baramulla, Jammu and Kashmir, India**

#### **I. Introduction**

The Department of Psychology at Government Degree College for Women Baramulla is a vibrant and thriving academic unit that has been nurturing young minds for over two decades. Established in 1998, the department has grown from strength to strength, thanks to the unwavering dedication and visionary leadership of its pioneering esteemed head, Worthy Principal Prof. Dr. Neelofar Bhat, a Professor of Psychology herself. She has been the driving force behind the department's success. With her vast experience, profound knowledge, and infectious enthusiasm, she has inspired countless students to explore the fascinating world of the human mind. Her commitment to excellence and her ability to connect with her students on a personal level have made her a beloved figure among the college community.

Under Prof. Dr. Neelofar Bhat's guidance, the Department of Psychology has become a hub of academic excellence, offering a comprehensive and cutting-edge curriculum that covers a wide range of topics, from the foundations of psychology to the latest advancements in the field. Her unwavering dedication and strong demeanor are like a beacon of strength, guiding her students through the challenges of academia with a grace that commands respect and admiration.

With its state-of-the-art facilities, including well-equipped laboratory and a well-stocked library, the Department of Psychology offers a stimulating and supportive learning environment that fosters critical thinking, creativity, and innovation.

As the department looks to the future, it remains committed to its mission of providing high-quality education and fostering the holistic development of its students. With Principal Prof. Dr. Neelofar Bhat at the helm, the Department of Psychology is poised to continue its trajectory of excellence and to make a lasting impact on the lives of its students and the community at large.

## II. Mission and Vision

**Mission Statement:** The Department of Psychology is committed to providing a rigorous and supportive educational environment that fosters intellectual growth, ethical practice, and a deep understanding of psychological principles and their applications.

**Vision Statement:** To be a leading center of excellence in psychology education and research, contributing to the well-being of society through innovative teaching, impactful research, and community engagement.

### Core Values:

- Academic Excellence
- Ethical Practice
- Inclusivity and Diversity
- Innovation and Research
- Community Engagement

## III. Academic Programs

### Undergraduate Program in Psychology:

- **Duration:** 3 years (6 semesters)
- **Credit System:** Choice Based Credit System (CBCS)
- **Core Courses:** General Psychology, Developmental Psychology, Social Psychology, Cognitive Psychology, Abnormal Psychology, Research Methods, Psychological Testing
- **Elective Courses:** Health Psychology, Organizational Behavior, Educational Psychology, Counseling Psychology, Positive Psychology

### Undergraduate Program in Psychology:

- **Duration:** 4 years (8 semesters)
- **NEP 2020:** New Education Policy 2020
- **Major Courses:** Foundations of Psychology, Introduction to Social Psychology, Schools of Thought in Psychology, Behavioural Neuroscience, Experimental Psychology, Health Psychology, Developmental Psychology, Psychology: Psychological Disorders, Positive Psychology, Organizational Psychology, Counselling and Psychotherapies, Community Psychology, Introduction to Research Methodology, Psychology: Statistics in

Psychology, Recent Advances in Psychology, Advanced Research Methodology, Cross Cultural Psychology, Peace Psychology,

- **Minor Courses:** One course from the above courses to each semester, 1 to 8
- **Multidisciplinary Courses:** Throughout Semester 1 to 3, for all the students of college
- **Skill Enhancement Courses:** Throughout Semester 1 to 3, for all the students of college
- **Learning Outcomes:** Critical thinking, research skills, ethical practice, and application of psychological principles in real-world settings

#### **Curriculum Highlights:**

- Emphasis on both theoretical knowledge and practical skills
- Opportunities for internships and fieldwork
- Integration of contemporary issues and cultural sensitivities

#### **IV. Faculty**

##### **Faculty Profiles:**

##### **1. Dr. Nasir Mohammad Bhat, Ph.D.**

- **Designation:** Head of Department
- **Qualification:** Ph.D. in Clinical Psychology
- **Expertise:** Clinical Psychology, Psychoanalysis
- **Contact:** [drnasirmohammad777@gmail.com](mailto:drnasirmohammad777@gmail.com)

#### **V. Facilities and Resources**

##### **Classrooms and Laboratories:**

- Modern classrooms equipped with audio-visual aids
- Dedicated psychology laboratory with advanced equipment for experiments and testing

##### **Psychological Testing and Assessment Tools:**

- Standardized tools for cognitive, personality, and aptitude testing
- Software for data analysis and psychological experiments

**Library and Learning Resources:**

- Extensive collection of books, journals, and e-resources in psychology

**VI. Student Life and Activities****Student Organizations and Clubs:**

- Psychology Club: Organizes seminars, workshops, and guest lectures
- Mental Health Awareness Society: Conducts awareness campaigns and outreach programs
- Drug De-addiction students Club: Conducts awareness campaigns and outreach programs

**Workshops and Seminars:**

- Regular workshops on topics like stress management, cognitive behavioral therapy, drug de-addiction, and psychological first aid
- Extension lectures on "Recent Advances in Psychology" featuring eminent speakers from academia and industry

**Internships and Fieldwork:**

- Partnerships with local hospitals, schools, and NGOs for internship placements
- Fieldwork opportunities in community mental health settings

**Community Engagement and Outreach:**

- Psychological counseling services for the local community
- Mental health awareness programs in collaboration with local NGOs

**VII. Admission and Enrollment****Admission Criteria and Process:**

- Eligibility: 10+2 with at least 40% marks in any stream
- Admission based on merit list prepared by Common Entrance Test by NTA.

**Enrollment Statistics:**

- Annual intake: 360 students

## **VIII. Future Plans and Goals**

### **Short-term Objectives:**

- Access to online databases such as JSTOR, PubMed, and PsycINFO
- Enhancement of laboratory facilities with the latest equipment
- Computers with specialized software for research and data analysis (e.g., SPSS, MATLAB)
- Online learning management system (LMS) for course materials and assignments

### **Long-term Vision:**

- Establishment of a dedicated research center for advanced studies in psychology
- Expansion of community outreach programs to cover a larger population
- Introduction of Post graduation Programme
- Introduction of RCI Programmes, post graduate diplomas in Clinical psychology, Counselling Psychology,
- Introduction of Ph,D degree Programme
- Enable the department to generate revenue and employment through research and Psychological consultancy.

## **IX. Contact Information**

### **Department Contacts:**

- **Email:** [psychologygcwb@gmail.com](mailto:psychologygcwb@gmail.com),
- **Office Location:** Ground floor, Rumi Block, Government Degree College for Women Baramulla