

Brief Curriculum Vitae
Dr. Nasir Mohammad Bhat



I. Personal Profile

Dr. Nasir Mohammad Bhat,
ASSISTANT PROFESSOR OF PSYCHOLOGY,
Higher Education Department,
Government of Jammu and Kashmir.

Vide Govt order NO. 395-HE-OF 2016 DATED 30-12-2016

Centralized Personnel Information System of India Code: DWHHED00020012

LICENCED CLINICAL PSYCHOLOGIST,
CRR No. A67706 (Rehabilitation Council of India)

Date of Birth: 31stJuly, 1986

Marital Status: Married

Official Address: Government Degree College Hadipora,
Rafiabad, Baramulla, J&K-193301

Residence

Gousia Colony, Kanispora,
Baramulla,193103, Kashmir (J & K) India

Contact Nos. 7006889451

E-mail ID drnasirmohammad777@gmail.com

II. Education

- Ph.D Psycholohy, Shri Venkateshwara University(2019), U.P India
- M.Phil Clinical psychology Government Medical College Srinagar(2014), Srinagar India
- B.Ed & M.Ed University of Kashmir (2011 & 2013), Srinagar India

- M.A Psychology, University of Kashmir (2010), Srinagar India
- M.A Islamic Studies, Kashmir university, (2012)
- B.A , Kashmir Univeristy (2007)
- Diploma Social work , Govt College for Boy, Baramulla(2005)
- One Year Course in Computer applications Govt College for Boys, Baramulla (2003)

III. Teaching Experience and Subjects Taught:

8 Years

Psychology, Education, Islamic Studies

IV. Research Interests and Research Experience:

8 years

1. Mental Health
2. Psychodiagnostics
3. Eastern Mental Health Interventions
4. Adult Learning (Androgogy)
5. Higher Education Administration

VI. Books:

1. Mental Health Education, 2015; DPH Publications, New Delhi-110002; ISBN: 93-5056-732-6
2. Special Education, 2014; APH Publications New Delhi-110002; ISBN: 978-93-313-2441-2
3. Education And Mental Measurement,2013; APH Publications New Delhi-110002; ISBN: 978-93-313-2424-5
4. Islamic Studies for Children.Srinagar.KBD.2007

VII. Fellowships/Awards

- i. University Grants Commission (UGC) India Research Fellowship in Psychology(July 2016), Education(Dec.2015)
- ii. Qualified UGC National Eligibility for Assistant Professorship in Psychology, Education and Adult Education(2012, 2013,2013 respectively)
- iii. Jammu and Kashmir State Level Eligibility Test for Assistant Professorship in Education(2013), and Psychology (2016)
- iv. Gold Medal in M.Phil Clinical Psychology at Govt Medical College Srinagar (2015)

VIII. Consultancy in Clinical Psychology

13 years

- Government Medical College Srinagar, India
- Government Medical College Baramulla, India
- Indira Gandhi National Open University India Regional Centre Srinagar
- WEET, Mental Health NGO ,Sopore, India
- Voluntary Medicare Society/ Shafqat Special School, Bemina, Srinagar
- Drug Deaddiction Centre, Police Control Room Srinagar.

IX. Rsearch Journals (Refereed National and International Journals)

Sole Authored Research Papers

-
- Psychometric Properties of few Popular Students Life Satisfaction Scales: A Review - Nasir Mohammad Bhat, INTERNATIONAL JOURNAL OF EDUCATION FOR THE 21ST CENTURY(A Bi-annual/ Peer reviewed/ Multidisciplinary Journal), Vol. 4 Issue No. 2 July- December 2017
- Emotional Intelligence In Theory And Practice Mushtaq Nasir Mohammad Bhat ,INTERNATIONAL JOURNAL OF EDUCATION FOR THE FUTURE (IJEF)(A Quarterly/ Peer reviewed/ Multidisciplinary Journal)ISSN : 2394-9902Vol.2, IssueNo. 3 July - September 2016
- A Study Of Cognitive Executive Functioning In Adolescents With Mental Retardation. BEST: International Journal of Humanities, Arts, Medicine and Sciences (BEST: IJHAMS).ISSN 2348-0521 Vol. 2, Issue 7, 65-78, Jul 2014.
- Impact of Parenthood on the Mental Health of Secondary School Students: A Comparative Study of Orphan and Non Orphan Students of Kashmir Valley. Journal of Research & Innovations in Education (JRIE).ISSN: 2349-2244,PP.88-105vol- 01 No- 01, 2015.
- A Study Of Cognitive And Personality Variables Among Low Academic Achievers. International Journal of Teacher Educational Research (IJTER). ISSN- 2319-4642, pp.11-18, Vol-03, No.7&8, 2014.

- A Study Of Emotional Stability And Depression In Orphan Secondary School Students. International Journal Of Education And Psychological Research (IJEPR). eISSN: 2279–0179, print ISSN: 2349-0853, Vol-03, No.2, 2014
- Occupational Choice Made Easy with Career Counselling Journal of Research & Innovations in Education (JRIE), ISSN: 2349-2244, Volume 2, Issue 2 & 3, December 2015 & June 2016
- Assessment And Promotion Of Achievement Motivation In School Children. Education For All: A Peer Reviewed Journal, APH Publishing Corporation. ISSN-2319-2437, pp.49-57, Vol-03, No.01, 2014.
- Behavioral Assessment In Schools. The International Journal of Social Sciences and Humanities Invention. ISSN: 2349-2031, pp.271-278, Vol-01, No.05, 2014.
- Impact Of Emotional And Behavioral Problems Over The Schooling Of Students. The International Research Journal of Social Sciences and Humanities. ISSN-2320-4702, pp.72-86, Vol. 03, No.07, 2014.
- The Influence Of Family, School, And The Environment On Mental Health Of Students. Scholarly Research Journal For Humanity Science And English Language. ISSN-2348-3083, pp.470-484, Vol.01, No.04, 2014.
- Job Stress And Burn Out. International Journal of Development Research. ISSN-2230-9926, pp. 1590-1597, Vol. 4, No.08, 2014.
- Educating Children With Attentional And Behavioural Disturbances .Excellence International Journal of Education And Research (EIJER).ISSN-2349-8838, pp.1-12, Vol.01, No.01, 2014.
- Mealth Health Education For The Overall Well Being Of Students. Excellence International Journal of Education And Research (EIJER).ISSN-2349-8838, pp.42-53, Vol.01, No.01, 2014.

- Malla, A. H , Bhat, N. M , Wagay, Z. A.(2013). Impact of Social Support in Handling the Academic Stress Among Nursing Students. Journal Of Education And Psychological Research (IJEPR). eISSN: 2279–0179, print ISSN: 2349-0853, Vol-04, No.3, 2015
- A Study On Emotional Intelligence Of Prospective Teachers. International No.09, 2014 Journal of Teacher Educational Research (IJTER). ISSN- 2319-4642, pp.1-9, Vol-
- Understanding Common Mental Health Problems. Education Today: An International Journal Of education And Humanities. ISSN-2229-5755, pp.220-230, Vol.05, No. 01, 2014.
- Educating Special Children.International Journal Of Education For The 21st Century.ISSN-2349-5774, pp.13-26, Vol.01, No.01, 2014.

Co-authored Research Papers

- A Malla, N Bhat, Z Wagay. A Study of Coping Styles and Stress Tolerance in the Caregivers of Schizophrenic PatientsThe International Journal of Indian Psychology ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Volume 3, Issue 1, DIP: C00342V3I12015 <http://www.ijip.in> | October – December, 2015
- Malla, A, Bhat, N. M , Wagay, Z. A. (2015), A Study Of Percieved Stress Among Students Of Medicine, Dentistry, And Nursing.Excellence International Journal of Psychological and Mental Health Research ISSN 2395-56351,Issue: 3 June: 37-44
- Buhroo, A & Bhat, N. M (2015), A Study Of Frustration And Adjustment Among Students Of Kashmir Excellence International Journal of Psychological and Mental Health Research ISSN 2395-56351,Issue: 3 June: 45-62
- Malla, A. H , Bhat, N. M , Wagay, Z. A.(2013). Impact of Fluoxetine on Cognitive Functioning. Indian Journal of Psychological Medicine, Vol 31, Issue 2:24-28
- A Bhat, S Rahman, N Bhat. Mental Health Issues in Institutionalized Adolescent Orphans. The International Journal of Indian Psychology ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Volume 3, Issue 1, DIP: C00344V3I12015 <http://www.ijip.in> | October – December, 2015
- Z Wagay, A Hussain, N Bhat, A Niyaz, A Malla, M Mir (2015), Post Traumatic Stress Disorder And Coping In Earth Quick Hit Population. Excellence

International Journal of Psychological and Mental Health Research ISSN 2395-56351, Issue: 3 June: 63-76

- Z Wagay, A Hussain, N Bhat, A Niyaz, A Malla, M Mir .Study of Emotional Processing and Patterns of Adjustment among Patients with Dissociative Disorder. Volume 3, Issue 2, No. 2, DIP: 18.01.023/20160302 , 2016, January

X. Orientation/ Refresher Course /Seminars/Conferences/Workshops

- Refresher Course in Advanced Research Methodology, Ministry of Education- Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (2023-01-23)
- Refresher Course in Psychology, Ministry of Education- Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (2022-12-30)
- Faculty Induction/Orientation for Faculties in Universities/Colleges/Institutes of Higher Education, Ministry of Education- Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching, (2022-12-21)
- CRE Webinar on "Training in Functional skills for PWID", National Institute for the Empowerment of PwID (Divyangjan) C-44A, Sec-40, Gautam Budh Nagar, NOIDA, U.P. India (10-02-2023)
- CRE Webinar on "Approaches to Curriculum Development", National Institute for the Empowerment of PwID (Divyangjan) C-44A, Sec-40, Gautam Budh Nagar, NOIDA, U.P. India (30-01-2023)
- CRE Webinar on "Work & Employment", Composite Regional Centre for Skill Development, Rehabilitation & Empowerment of Person with Disabilities (Divyangjan), Sheikhpura Old Dharamshala, Near IGIMS Nursing College, Patna – 800014, India (23-02-2023)
- Offline CRE Programme on "Strategies/Intervention to Improve Processing Skills" , CRC, Srinagar, Beminar Bye-Pass Srinagar, UT of J&K-190018, India (26-03-2022)
- Offline CRE Programme on "Assessment and Diagnosis of Autism Spectrum Disorder", Composite Regional Centre, For Skill Development, Rehabilitation & Empowerment of Persons With Disabilities (Divyangjan), Bemina Bye-Pass Srinagar, UT of J&K-190018, India (18-12-2021)
- Participated in the National conference on Islamic Perspective in Psychology: challenges and Future Prospects, organised by Study and Research, Hyderabad and Indian Council on Islamic Perspective in Psychology, New Delhi, on 14-15 November, 2016, New Delhi

- Participated in the National conference on Philosophy Science Interface: Key Issues and Texts, organised by Department of Ilmul mAdwia, faculty of Unani Medicine, Aligarh Muslim University, India, on 20-22 April, 2017, Aligarh
- Participated in the Inter- National conference on Psychosocial Perspective on Health and wellbeing s, organised by Department of Psychology, Jamia Millia Islamia, New Delhi, on 1-2 March, 2016
- Participated in Three Day Workshop on Scale Construction, organised by Department of Psychology, Jamia Millia Islamia, New Delhi, on 1-3 Dec, 2016,
- Participated in the Inter- National conference on Psychosocial Perspective on Health and wellbeing: An Interdisciplinary Enquiry, organised by Department of Psychology, Jamia Millia Islamia, New Delhi, on 24 March, 2017
- Participated in the Inter- National conference on Psychosocial Perspective on Health and wellbeing: An Interdisciplinary Enquiry, organised by Department of Psychology, Jamia Millia Islamia, New Delhi, on 2 March, 2016
- Participated in Workshop on Rorschach Psychodiagnostics organized by Department of Psychology, Kashmir University in 2011.
- Attended three Day workshop on D.Ed programme framing conducted by Jammu And Kashmir Board Of School Education in 2013.
- Participated in four Day workshop on Mental Health Gap organized by World Health Organization in collaboration with Directorate of Health, J&K at Dobiwan Tangmarg in 2014.
- Participated in four Day workshop on Mental Health Gap organized by World Health Organization in collaboration with Govt Medical College Srinagar GMC Srinagar in 2014.
- Participated in one day workshop on Examination-Evaluation Reforms: Challenges and Responses organized by Central University of Kashmir on 22nd March 2014.
- Attended seminar on Stress management at IMHANS, Kashmir, 2 April 2011.
- Participated in Seven days workshop on Child Psychiatry at Post graduate Department of Psychiatry, G.M.C, Srinagar 09-15 May 2011.
- Participated in Seminar on Trauma Management at Post graduate Department of

- Psychiatry, G.M.C , Srinagar, 28 May 2011.
- Participated in seminar on Anxiety disorders at IMHANS, Kashmir 4 June 2011.
- Participated in workshop on Assessment of Intelligence at Post graduate Department of Psychiatry, G.M.C , Srinagar , 25 June 2011.
- Participated in Seven day workshop on Research Methodology Organized by University staff College, University of Kashmir in July 2011.
- Participated in Workshop on Smoking Cessation, Postgraduate Department of Psychiatry ; Government Medical College, Srinagar, held on 9 July 2011.
- Participated in Seminar on School Mental Health Problems, organized by Institute of Mental Health and Neurosciences Kashmir, held on 6th August 2011.
- Participated in National Workshop on Child and Adolescent Mental Health held on 7th - 8th September 2011, by Past graduate department of Psychiatry, GMC, Srinagar,
- Participated in Mental Health week organized by Govt. medical college Srinagar in 10-16 October 2011.
- Participated in International Conference on Transcultural Psychiatry collaboration with The EPS Global Medical Development Incorporation, ontreal, Canada organized by IMHANS, Srinagar, held on November 4-5, 2011.
- Attended seminar on O.C.D management at IMHANS, Kashmir, 3 December 2011.
- Participated in International Conference on Students' Mental Health: Issues and Challenges, 25-26, July, 2012, GMC, Srinagar.
- Participated in two day workshop on Psychodiagnostics organized by Dr. Muzaffar Khan, Director Drug Deaddiction Centre, Police Control Room, Srinagar 18 April 2015.
- Participated in Ten day long workshop on research methodology organized by department of Economics, Central University of Kashmir in 2015.
- Bhat, N.M. Counselling of Higher Education Students. Two-day national seminar on Quality Concerns In Higher Education, Central University of Kashmir on 24th and 25th August 2015.

XII. F

- Finance Cell
- Admission committee
- Committee
- Committee
- Centre Psychological Writing
- Member Society
- Member Review Committee
- Member Magazine Committee
- Member Dealing Committee
- Member Educational Tours Committee
- Member Sports Committee
- Member Excursion Committee
- Member Stock verification committee
- Member Placement Committee

XII. Membership and Affiliation

1. Executive member Jammu and Kashmir Association of Clinical Psychologists
2. Member of Indian Association of Clinical Psychology (IACP).
3. Member of Indian Association of Applied Psychology (IAAP).
4. Member, National Academy of Psychologists
5. Member American Psychology Association, USA
6. Member, Indian Association of Positive Psychology, India
7. Member, All India Teacher Educators Association (AITEA)
8. Member , Indian Association of Teacher Educators (IATE)
9. Member All India Association for Educational Research (AIAER)